



3rd Intensive Training Course in VAAFT & EPSiT "Villa Montallegro" Clinic - Genoa (Italy), 26-27 May, 2025



International Centre of Minimally-Invasive Proctology Surgery
Director: *Piercarlo Meinero M.D.*

COURSE DIRECTOR

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Dear Friends,

Nineteen years since the first VAAFT procedure, and twelve since the first EPSiT operation. I'm proud of it.

These latest updates need to be mastered in order to properly implement them to the field of colorectal surgery, and offer the best possible treatments to our patients.

To date, the concept of minimally-invasiveness should be the rule. Proposing today a surgical technique which can jeopardize the patient's faecal continence for treating his anal fistula is, at least, questionable. The same is true in the field of the pilonidal disease. In this regard, is still possible today not to consider the patient's quality of life? Certainly, these new surgical techniques give a clear improvement of the patient's social life, thanks to the advent of new technologies.

We are living the same experience as 40 years ago, when the laparoscopy was raising, and the scepticism was supreme. What distinguishes VAAFT & EPSiT procedures is the direct vision. How do you not take advantage of this essential characteristic? Today, we really have good options.

Dear Colleagues, Dear Friends, we are waiting for you!

Piercarlo Meinero



COURSE OBJECTIVES

- *To cover a broad spectrum of VAAFT & EPSiT procedures;*
- *To provide indications for minimally-invasive surgical treatments of anal fistula and pilonidal disease, and discuss operative complications;*
- *To highlight technical aspects of VAAFT & EPSiT through the broadcasting of live procedures;*
- *To allow real-time discussion between operators and trainee surgeons;*
- *To provide hands-on session to improve skills in VAAFT & EPSiT through practice on models under expert tutorials.*

EDUCATIONAL METHODS

- *Interactive theoretical and video sessions between Faculty and Course Participants;*
- *Direct participation of the Participants in the operative room;*
- *Live and pre-recorded operative demonstrations;*
- *Practical training on animal specimens.*

COURSE PROGRAMME

MONDAY 26

- 07:30 a.m. **Welcome and Course Presentation**
- 08:00 a.m. **Live Surgery – VAAFT Procedures**
Posterior trans-sphincteric anal fistula (VAAFT)
Recurrent complex anal fistula (VAAFT)
Complex horse-shoe anal fistula (VAAFT & LIPOGEMS)
Complex anal fistula in Crohn's Disease (VAAFT)
- COFFEE BREAK
- 01:30 p.m. **Lunch Buffet** (Villa Rosa)
- 02:30 p.m. (to 06:00 p.m.) **Lab Session**
Hands-on learning on animal models
VAAFT & EPSiT practice and debate with the Faculty
About the postoperative management
- 07:30 p.m. Faculty and Participants Dinner

TUESDAY 27

- 08:00 a.m. **Live Surgery – EPSiT Procedures**
Recurrent Pilonidal Sinus
Common case of Pilonidal Sinus
Fistulized pilonidal sinus
Complicated pilonidal sinus
- COFFEE BREAK
- 01:15 p.m. **Lunch Buffet** (Villa Rosa)
- 02:30 p.m. (to 05:00 p.m.) **Theoretical Session**
Presentation of some VAAFT & EPSiT cases - Discussion
Diagnostic tools
About the postoperative management
Literature and debate
- 05:00 p.m. **End of the course and delivery of certificates**

USEFUL INFORMATION

COURSE VENUE

“Villa Montallegro” Clinic
Via Monte Zovetto, 27 – Genoa (Italy)
Phone: +39.01035311
Website: www.montallegro.it

HOTEL ACCOMMODATION

STAR HOTEL PRESIDENT ****
Corte dei Lambruschini, 4 – Genoa (Italy)
Phone: +39.0105727
E-mail address: president.ge@starhotels.it
Website: www.starhotels.com

From the “Cristoforo Colombo Airport” to the Star Hotel President:

By taxi: 20 minutes. Approximate cost € 25
There is a bus (VOLABUS) every 30-45 minutes. Approximate cost € 15.
Get off at Piazza Verdi. Your Hotel is on the left side of the Brignole rail station.

From the Star President Hotel to the “Villa Montallegro Clinic”

By taxi: 10 minutes. Approximate cost € 10
By foot: 20 minute walk

USEFUL PHONE NUMBERS

Genoa Radio-Taxi: + 39.0105966
Emergency: +39118
Police: +39112

A special thanks to

“Villa Montallegro” Clinic – Genoa (Italy)
Karl Storz Endoscope – Tuttlingen (Germany)



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